

THE BUZZELL BUZZ

THE DEPARTMENT OF ELDERLY SERVICES

FEBRUARY 2022



BUZZELL SENIOR CENTER

15 SCHOOL STREET WILMINGTON, MA 01887

TELEPHONE:

978-657-7595 OR 978-658-2258

MONDAY – FRIDAY 9:00AM– 4:30PM





<u>Department</u> of Elderly Services

Staff Contact Information



Director:

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Case Manager:

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NEWS & UPDATES

Happy Valentines Day! Can you believe it is already February. We are one month closer to those warmer weather days. That is something to look forward too!

As many of you know, during the month of January, the Wilmington Board of Health was very closely tracking the trend of COVID cases in the area. The center suspended programming for a few weeks in order to keep everyone as safe as possible. We thank you for your continued patience. The safety of our seniors, community, and staff is of great importance to us.

January was a busy month for special programs at the center. The "Sand Buckets for Seniors" program was very popular. This program was created by Lt. Ryan Quigley of the Wilmington Fire Department to reduce the number of falls this winter season by providing seniors with a five gallon bucket of a salt/sand mixture. We received over 100 calls from seniors interested in applying for the program! Lt. Quigley and his crew delivered the sand buckets the first week of January, just in time for our first snow storm.

The income tax assistance program sign ups took place in January as well. We are so appreciative to our AARP volunteers for making this special free service possible to us again this year. Also, please see page 5 for information needed to apply for the circuit breaker this year.

Zoom trivia for January had to be postponed but has been rescheduled for this month. The trivia topic will be Webster's Dictionary Trivia. Please see page 4 for more information and how to sign up.

Stop by the front desk at the center to take a guess at how many candies are in the jar. Whoever guesses closest without going over will win a special prize, and of course... the candy! More information about this contest can be found on page 4.

In celebration of Valentine's Day this year, we will be having a drive-thru luncheon on Monday, February 14, 2022. See page 2 for more information and how to sign up. Make sure you write down your trivia answers and hand them in at the drive-thru for a chance to win a special prize!



The senior center will be closed on Monday, February 21, 2022 for President's Day. Home delivered meals recipients: Please note that there will be no home delivered meals on this date as well.

VALENTINE'S DAY DRIVE-THRU LUNCHEON

Join us for a special Valentine's Day luncheon. Thank you to an anonymous donor for making this event possible!

When: Monday, February 14, 2022

At 12:30PM

Where: Senior Center Parking Lot

What's on the menu? Harrows Chicken Pie!



Sign up for this event will begin on Thursday, February 10, 2022 at 9:30AM.

Trivia:

- **1.** How many valves does the human heart have?
- **2.** What U.S President officially recognized February as Black History Month in 1976 during the celebration of the United States Bicentennial?
- **3.** What date is the full moon for February?
- **4.** Cupid shot a lot of arrows around this newsletter. How many can you find? Make sure to count all the arrows!



DORIS' CRAFT CORNER



Doris' Craft Corner will meet on Wednesday,
February 9, 2022 at 10:00AM to create this festive wreath that can be changed for each holiday!

All supplies needed will be provided at the center. Sign up will begin on Monday, February 7, 2022 at 9:30AM.

MAUREEN'S CRAFTY CREATIONS CORNER

Please note the date change for this class due to President's Day. Join Maureen on Monday, February 28, 2022 at 1:00PM to create this fun purse seen below. All supplies needed for this craft will be provided at the center. Sign up will begin on Wednesday, February 16, 2022 at 9:30AM.





BOOK CLUB

The Book Club meets on the 4th Monday of the month at 1:30PM.

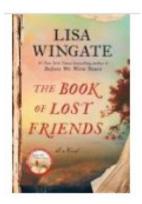
If you are interested in joining, please call the center.

This months book is The Book of Lost Friends

By: Lisa Wingate

Next meeting is Monday, February 28, 2022 at 1:30PM





FUEL ASSISTANCE

It is not too late to apply for fuel assistance! Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call the center to set up your appointment for assistance in the application process. Residents under the age of 60 should contact the Billerica Veteran's Agent.



Household Size	Max. Gross Income
1	\$40,951
2	\$53,551
3	\$66,151
4	\$78,751



Nancy Assenza	Lois Jason Joyce Miles		June Plumer	Dorothy Walsh		
Pat Brennan	Cynthia Jones	Al Minervini	Roslyn Santangelo	Dick Wetzler		
Charlotte Chenevert	Barbara Kaveney	Walter Moran	Mona Somerville	Victor Wilhelm		
Josie Ciaccio	Mary Kiesinger	Helen Moulton	Gloria Szabo			
Priscilla Cipriani	Mary Kuchler	Sobhana Oum	William Tucci			
Pat D'Antonio	Toni LaRivee	Tom Pazyra	Jean Valente			
Stephen Flynn	Joseph Maiella	Thelma Peters	Thomas Walsh			

We can't help you blow out the candles on your cake unless you tell us your special day!

Call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!

CAREGIVERS SUPPORT GROUP



Date change for month of February. Due to President's Day holiday our group will meet on Monday, February 28, 2022 from 10:30 to Noon. This group is opened to anyone caring for a loved one, relative, or friend who would like to meet with other's who understand all that you are going through and can offer support and provide helpful strategies.

SAVE THE DATE:

New England Family Conference sponsored by the Alzheimer's Association is having a free virtual conference for individuals living with dementia and their caregivers. This event will be held on March 4 and March 5.

March 4: Sessions of individuals living with dementia. Life after a diagnosis: A panel of individuals living with Alzheimer's. Living with Alzheimer's Educational series. March 5: Sessions for Caregivers-Keynote Caregiver Conversations: Journey of Hope (panel of caregivers) Legal and financial issue to consider with Alzheimer's disease. Caregiving, ambiguity and finding the tools to thrive and flourish. The journey of grief throughout caregiving-it begins at diagnosis.

To register for this event alzfamilyconference.org or call 800-272-3900.



ZOOM TRIVIA



DUE TO UNFORSEEN CIRCUMSTANCES, TRIVIA FOR JANUARY WAS POSTPONED, WEBSTER DICTIONARY TRIVIA

HAS BEEN RESCHEDULED FOR FEBRUARY. PLEASE SEE BELOW...



WEBSTER'S DICTIONARY TRIVIA

WHEN: TUESDAY, FEBRUARY 22, 2022 11:00AM-12:00PM

Join Kelly for zoom trivia! This month is Webster's Dictionary Trivia! Please see below how to play. Test your knowledge, see some friendly faces, and most of all... have fun! We are always interested in hearing your suggestions for zoom trivia topics, reach out to Kelly if you have a trivia idea!

The winner will be announced in the March newsletter.

If you are hesitant to sign up because you have never used zoom, call the center and speak with Kelly. Zoom may seem intimidating but it is actually very easy and fun to use. Kelly can set up a one on one zoom meeting with you and walk you through all the steps over the phone or just answer any questions you may have.

HOW TO PLAY:

Call the center to sign up and we will email you the zoom event link. All you need is a pen and paper! I will ask a question and players will write down their answer. Once all players have their answer written down, everyone will hold up the piece of paper with their answer on it. I will be keeping score and whoever has the most correct answers at the end of the game will win a prize!

CANDY RAFFLE

Stop by the front desk to take a guess at how many candies are in the jar. Whoever guesses the closest without going over will win a special prize and of course... the candy!



A lucky winner will be chosen on Friday, February 18, 2022

MOVIE RAFFLE

Call the center to sign up for our movie raffle! It is free to enter. We will be raffling off a movie and some movie snacks so you can have a fun movie night at home!



A lucky winner will be chosen on Thursday, February 17, 2022

INCLEMENT WEATHER POLICY

The Department of Elderly Services storm policy states that when the Wilmington Schools are closed due to inclement weather, all scheduled Senior Center activities are also canceled for the day. No home delivered meals are served and the van will not be available for transportation. The center will remain open for emergencies.





Please note that you may receive automated calls from the senior center that will appear as (855) 997-7375 and may say Belmont, MA. These are <u>not</u> spam calls and will be recordings with important center information and updates. They may be voice recorded calls or automated calls. Feel free to call with any questions or concerns.

CIRCUIT BREAKER

Massachusetts Senior Circuit Breaker Tax Credit - 2021



The Circuit Breaker is a property tax credit that was designed by the Legislature with the hope of alleviating some of the burdens that property taxes create.

As a senior citizen (65 or older before January 1, 2022), you may be eligible to claim a refundable credit on your Massachusetts personal income tax return. The Circuit Breaker tax credit is based on the actual real estate taxes paid on the Massachusetts residential property you own or rent and occupy as your principal residence.

The maximum credit amount for tax year 2021 is \$1,170.

Who is eligible:

- You must be a Massachusetts resident or part-year resident.
- You must be 65 or older by January 1, 2022.
- You must file a Schedule CB with your Massachusetts personal income tax return.
- You must own or rent residential property in Massachusetts and occupy it as your primary residence.
- For tax year 2021, your total Massachusetts income doesn't exceed:

\$62,000 for a single individual who is not the head of a household.

\$78,000 for a head of household.

\$93,000 for married couples filing a joint return.

- If you are a homeowner, your Massachusetts property tax payments, together with half of your water and sewer expense, must exceed 10% of your total Massachusetts income for the tax year.
- If you are a renter, 25% of your annual Massachusetts rent must exceed 10% of your total Massachusetts income for the tax year.
- The assessed valuation of the homeowner's personal residence as of January 1, 2021, before residential exemptions but after abatements, cannot exceed \$884,000.

If you're eligible:

You must file a Massachusetts State Income Tax return and include Schedule CB, the Circuit Breaker Credit form

<u>Tax year 2021 Senior Circuit Breaker Tax Credit Video Tutorial</u>: Visit this website below or see our Facebook and Twitter account to click the link.

https://wfb.dor.state.ma.us/DOR/eLearning/taxcurriculum/CircuitBreakerTaxCreditTY2021 PubCamPubV19DORV26External/CircuitBreakerTaxCreditTY2021PubCamPubV19DORV26External.html



UPDATE ON NEW SENIOR CENTER PROJECT

Here's what has been happening since our last Update in the January Newsletter:

- We have reached a significant milestone in the project. At the January 10 Board of Selectmen Meeting, the Selectmen voted 4-1 to endorse the recommendation of the Senior Center Building Committee to construct the new Senior Center at the St. Dorothy's site. This 7.86-acre parcel of land, located at 130 Main Street, was purchased by the town in November 2013.
- At the same meeting, the Selectmen voted 4-1 to endorse the recommendation of the Town Hall/School Administration Building Committee to construct a new Town Hall/School Building at 140 Middlesex Avenue (former site of the Swain School).
- At the January 12 meeting of the Senior Center Building Committee, public outreach was a main topic of discussion. Public outreach efforts include 5 Project Newsletters that are now on the town website. There will also be a flyer inserted in all the water bills that will be going out on February 1. The flyer includes a brief of the history of the Buzzell Senior Center building, as well as a brief history of the current Town Hall and the Roman House. It also provides a brief overview of the next steps in the project along with a site plan for each of the parcels of land. There is a link to the town's website where you will find a specific tab for our project.
- As the project proceeds, look for additional public outreach including additional mailings, public forums, articles in the Town Crier and the Wilmington Apple, and programming on WCTV.
- We will soon see activity on the St. Dorothy's site as surveyors begin determining the physical features of the site.
- The architect is preparing options for the placement of the building and parking areas on the site. A site surveying crew will be on the site during this phase. This will be followed by schematic floor plans and drawings (referred to as elevations) to show the architectural exterior features of the proposed building.
- The project schedule calls for a 2022 Fall Special Town Meeting to appropriate funds for final design plans and construction. Funding could come from a bond issue and Free Cash.
- The Senior Center Building Committee plans to meet once or twice a month as needed. Meetings will be on Wednesdays. It met on January 26; too late for inclusion in this Newsletter. The next scheduled meeting is February 9. We will post the meeting dates as they are finalized on our website and on our Facebook and Twitter pages.
- We are entering an exciting phase of the project and we want you to be informed and involved. This will be your Senior Center. Let's make it what you want.



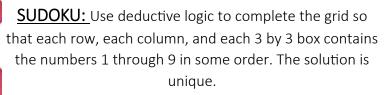
Cozy & Comfy

S R Χ S U S Ε D H H Ε R X Ε S Ε Ε C R S S R H S В T R

slippers blanket dreams pijamas warm relaxed mittens sweater fuzzy socks bathrobe safe sweatpants fireplace pillow snug heater plush sleepy hat scarf restful

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Answers on back page.



TOWN OF WILMINGTON

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Please call the center if you are in need of hearing aid batteries or incontinence products. We also have puzzles, puzzle books, and DVDs available. Just give us a call!



BUZZELL PROGRAMMING

Tai Chi: 9:00AM

Blood Pressure Clinic: 9:30AM

Special Exercise: 10:30AM

Quilting: 1:00PM

Maureen's Crafty Creations Corner: 3rd Monday of the month at 1:00PM

Book Club: 4th Monday of the month at 1:30PM

Caregivers Support Group: 3rd Monday of the month at

10:30AM

Tuesday

Dance & Tone: 9:30AM Hiking Group: 9:00AM Chair Dancing: 1:00PM



Wednesday Special Exercise: 9:30AM Cards & Games: 1:00PM

Thursday

Yoga: 9:00AM

Art: 9:45AM

Knitting & Crocheting: 10:30AM

Ceramics: 1:30PM

Friday

Zumba: 9:00AM

Sewing: 9:30AM

Chair Yoga: 12:30PM

Poker: 1:00PM

